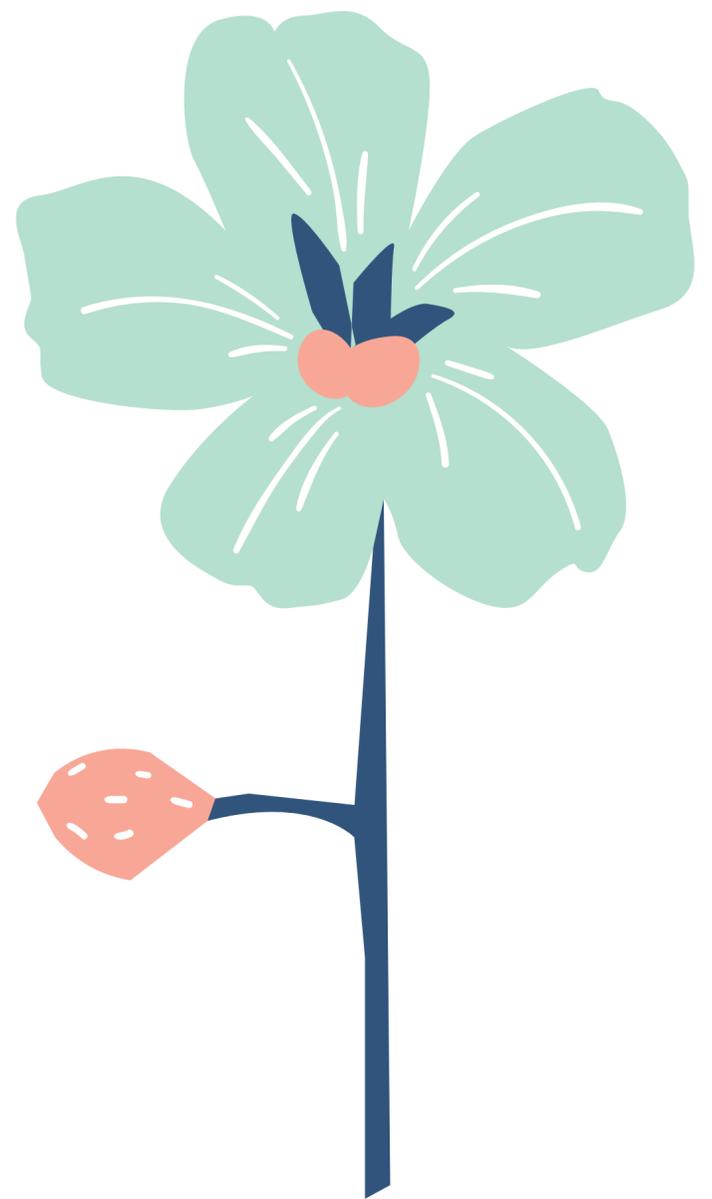


Singing In The Rain!

Messages of hope for the 2020s

We are LUNG, nice to meet you!

Founded in Barnsley in 2012, LUNG is a campaign led verbatim theatre company that tours work nationally. We work closely with different communities to make verbatim theatre and hidden voices heard. LUNG creates work that shines a light on political, social and economic issues in modern Britain, using people's actual words to tell their stories. LUNG's work is published by Bloomsbury. We have strong partnerships with Leeds Playhouse, The Lowry, Battersea Arts Centre and have developed work at the National Theatre Studio.



What is *Singing In The Rain*?

We are creating a series of videos and we need your help! We are looking for people who were born in the 1920s to record short messages of hope for what the 2020s might bring. We will put these messages together in a series of videos that we will share on LUNG's

Twitter, Instagram and website. We hope they will be seen and enjoyed by anyone who's had a difficult 2020. We will also share the video with the young people we've been working with, particularly our young carers groups and the children in care that we work with. Below is a step by step of what to do. We are also available to call or Zoom if you would prefer us to talk you through it directly.

Any services or care homes who have taken part will be credited in the video and receive a shout out on social media.

How do I film the video?

To be part of this project, here are the steps to making your video:

Step 1

Find somewhere comfortable and with plenty of light to sit to film your message

Step 2

Find someone who can film you either on a phone, tablet or camera. If using a phone, **please make sure the film is shot horizontally.**

Step 3

Record your message!

This can be anywhere from 5 seconds to 1 minutes. Start with: 'My message for the 2020s is...' and then the rest is up to you!

Ideas for your video!

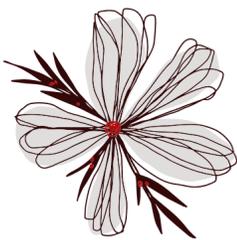
We would love each video to start with: 'My message for the 2020s is...' and then here are some ideas of what to say next. Feel free to pick one, or come up with your own idea!



Do you have a lesson from your childhood that has always stayed with you? Perhaps a motto you were taught by your parents that you still follow now?



If you could travel back to the 1920s and meet your childhood self, what would you say?



What significance do the '20s' have for you? They were the decade you were born, and the decade we're now in!



Is there a comparison between the 1920s and the 2020s? Something that has stayed the same? Or perhaps something that's different.

And finally, don't worry or overthink it! It can be a few words, or a few sentences long. A short and simple message to put out to people in 2021, as they look forward to better days ahead!

Once you've filmed your video

We can accept videos in lots of ways. Email helen@lungtheatre.co.uk to discuss a way that works for you.

We would love your video by **19th February.**



What happens next?

We will put all the clips together and edit the video to some music. We will then send you a copy so that you can see it and make sure you're happy with it.

Once everyone has signed the video off, and given us the thumbs up, we will organise a day that we launch it. On that day the video will go on our Twitter, Instagram and Website and we will also organise a screening event for anyone that is able to join us over Zoom.

Once the video has been publicly shared, we will be inviting people to send a video message back - to let you know what your video has meant to them, and share their own hopes for the 2020s moving forward!

THANK
YOU

Any questions at all get in touch! helen@lungtheatre.co.uk

LUNG